

Celebrate your Swedish heritage ...

Crafts

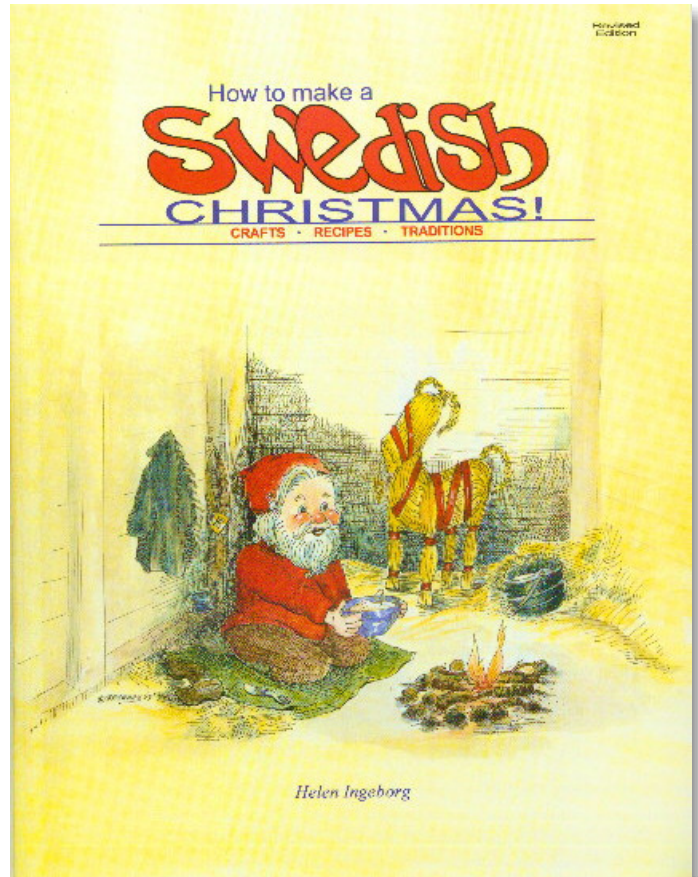
Patterns and directions for making a straw goat, a heart-shaped woven paper basket, "paper candy" and paper ornaments of Lucia, Jul Tomte, Stjärngosse, Dala Häst, Dala Tupp and the Hjärta.

Recipes

Twenty-seven in all—enough for a modest smörgåsbord! Includes meats, vegetables, salads, deviled eggs, breads, cookies, puddings sweet saffron buns, pea soup, pancakes and egg coffee!

Traditions

From lighting the first candle to hurling out the bare tree. Glimpses of Swedish tradition—Lucia, Jul Tomte, Julbock, Stjärngosse and more. Includes words and music to "Sankta Lucia" and "Nu är det jul igen."



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